## **Amendments to the Claims**

- 1. (Original) A method of altering an insulin-associated parameter in a subject, said method comprising administering to said subject a ghrelin or analog thereof; and an unacylated ghrelin or analog thereof.
- 2. (Original) The method of claim 1, wherein said method comprises administering to said subject a composition comprising a ghrelin or analog thereof; and an unacylated ghrelin or analog thereof.
- 3. (Original) The method of claim 2 wherein said composition further comprises a pharmaceutically acceptable carrier.
- 4. (Original) The method of claim 1, wherein said insulin-associated parameter is selected from the group consisting of:
  - (a) insulin level;
  - (b) insulin resistance;
  - (c) free fatty acid level;
  - (d) insulin activity;
  - (e) insulin sensitivity; and
  - (f) any combination of (a) to (e).
- 5. (Original) The method of claim 1, wherein said alteration of an insulin-associated parameter is selected from the group consisting of:
  - (a) a decrease in insulin level;
  - (b) a decrease in insulin resistance;
  - (c) a decrease in free fatty acid level; and
  - (d) any combination of (a) to (c).

- 6. (Original) The method of claim 1, wherein said method is for preventing or treating an insulin-associated condition.
- 7. (Original) The method of claim 4, wherein said insulin-associated parameter is insulin resistance.
- 8. (Original) The method of claim 7, wherein said insulin resistance is associated with a state or condition selected from the group consisting of:
  - (a) postprandial state;
  - (b) reduced growth hormone level;
  - (c) reduced growth hormone activity;
  - (d) obesity;
  - (e) diabetes;
  - (f) intravenous nutrition due to critical illness;
  - (g) metabolic syndrome X; and
  - (h) any combination of (a) to (g).
- 9. (Original) The method of claim 8, wherein said state or condition is reduced growth hormone level, activity, or both.
- 10. (Original) The method of claim 9, wherein said reduced growth hormone level, activity, or both are associated with a condition selected from the group consisting of:
  - (a) obesity;
  - (b) aging;
  - (c) pituitary gland deficiency;
  - (d) intravenous nutrition; and
  - (e) any combination of (a) to (d).

- 11. (Original) The method of claim 8, wherein said state or condition is diabetes.
- 12. (Original) The method of claim 11, wherein said diabetes is selected from the group consisting of type I diabetes and type II diabetes.
- 13. (Original) The method of claim 12, wherein said diabetes is type I diabetes.
- 14. (Original) The method of claim 13, said method is for preventing or treating the dawn phenomenon.
- 15. (Original) The method of claim 1, wherein said administration of said ghrelin or analog thereof and said unacetylated ghrelin or analog thereof is sequential.
- 16. (Original) The method of claim 1, wherein said administration of said ghrelin or analog thereof and said unacetylated ghrelin or analog thereof is simultaneous.
- 17. (Original) The method of claim 1, wherein said ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 1 and a fragment thereof.
- 18. (Original) The method of claim 17, wherein said ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 1.
- 19. (Original) The method of claim 1, wherein said unacylated ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 2 and a fragment thereof.
- 20. (Original) The method of claim 19, wherein said unacylated ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 2.
- 21. (Original) The method of claim 1, wherein said analog of ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 3 and a fragment thereof.
- 22. (Original) The method of claim 21, wherein said analog of ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 3.

- 23. (Original) The method of claim 1, wherein said analog of unacylated ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 4 and a fragment thereof.
- 24. (Original) The method of claim 23, wherein said analog of unacylated ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 4.
- 25. (Original) The method of claim 1, wherein said ghrelin or analog thereof and said unacylated ghrelin or analog thereof is administered through a route selected from the group consisting of intravenous, oral, transdermal, subcutaneous, mucosal, intramuscular, intranasal, intrapulmonary, parenteral, intrarectal and topical.
- 26. (Original) The method of claim 1, wherein said ghrelin or analog thereof is administered at a dose of about 1 μg/kg.
- 27. (Original) The method of claim 1, wherein said unacetylated ghrelin or analog thereof is administered at a dose of about 1 μg/kg.
- 28. (Original) The method of claim 1, wherein said subject is a mammal.
- 29. (Original) The method of claim 1, wherein said subject is human.
- 30. (Original) A composition comprising a ghrelin or analog thereof and an unacylated ghrelin or analog thereof.
- 31. (Original) The composition of claim 30, said composition further comprising a pharmaceutically acceptable carrier.
- 32. (Original) The composition of claim 30, wherein said ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 1 and a fragment thereof.
- 33. (Original) The composition of claim 32, wherein said ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 1.

- 34. (Original) The composition of claim 30, wherein said unacylated ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 2 and a fragment thereof.
- 35. (Original) The composition of claim 34, wherein said unacylated ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 2.
- 36. (Original) The composition of claim 30, wherein said analog of ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 3 and a fragment thereof.
- 37. (Original) The composition of claim 36, wherein said analog of ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 3.
- 38. (Original) The composition of claim 30, wherein said analog of unacylated ghrelin comprises an amino acid sequence substantially identical to a sequence selected from the group consisting of SEQ ID NO: 4 and a fragment thereof.
- 39. (Original) The composition of claim 38, wherein said analog of unacylated ghrelin comprises a peptide having the amino acid sequence of SEQ ID NO: 4.
- 40. (Original) The composition of claim 30, wherein said composition is adapted for administration by a route selected from the group consisting of intravenous, oral, transdermal, subcutaneous, mucosal, intramuscular, intranasal, intrapulmonary, parenteral, intrarectal and topical.
- 41. (Original) The composition of claim 30, wherein said composition is adapted for administration of said ghrelin or analog thereof at a dose of about 1 μg/kg.
- 42. (Original) The composition of claim 30, wherein said composition is adapted for administration of said unacetylated ghrelin or analog thereof at a dose of about 1 μg/kg.
- 43. (Original) The method of claim 2, wherein said insulin-associated parameter is selected from the group consisting of:

	(a)	insulin level;
	(b)	insulin resistance;
	(c)	free fatty acid level;
	(d)	insulin activity;
	(e)	insulin sensitivity; and
	(f)	any combination of (a) to (e).
		nal) The method of claim 43, wherein said alteration of an insulin-associated eter is selected from the group consisting of:
	(a)	a decrease in insulin level;
	(b)	a decrease in insulin resistance;
	(c)	a decrease in free fatty acid level; and
	(d)	any combination of (a) to (c).
(Original) The method of claim 2, wherein said method is for preventing or treating a insulin-associated condition.		
(Original) The method of claim 45, wherein said insulin-associated parameter is insuliresistance.		
(Original) The method of claim 46, wherein said insulin resistance is associated with a state or condition selected from the group consisting of:		
	(a)	postprandial state;
	(b)	reduced growth hormone level;
	(c)	reduced growth hormone activity;
	(d)	obesity;
	(e)	diabetes;

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- (f) intravenous nutrition due to critical illness;
- (g) metabolic syndrome X; and
- (h) any combination of (a) to (g).
- 48. (Original) The method of claim 47, wherein said state or condition is reduced growth hormone level, activity, or both.
- 49. (Original) The method of claim 48, wherein said reduced growth hormone level, activity, or both are associated with a condition selected from the group consisting of:
  - (a) obesity;
  - (b) aging;
  - (c) pituitary gland deficiency;
  - (d) intravenous nutrition; and
  - (e) any combination of (a) to (d).
- 50. (Original) The method of claim 47, wherein said state or condition is diabetes.
- 51. (Original) The method of claim 50, wherein said diabetes is selected from the group consisting of type I diabetes and type II diabetes.
- 52. (Original) The method of claim 51, wherein said diabetes is type I diabetes.
- 53. (Original) The method of claim 52, said method is for preventing or treating the dawn phenomenon.
- 54. (Original) A package comprising a ghrelin or analog thereof and an unacylated ghrelin or analog thereof.
- 55. (Original) The package of claim 54, further comprising instructions for altering an insulin-associated parameter in a subject.
- 56. (Original) A package comprising the composition of claim 30.

57. (Original) The package of claim 56, said package further comprising instructions for altering an insulin-associated parameter in a subject.

58. - 86. (Canceled)